

First aid,

Fire and Safety Training Programmes

George Best
**BELFAST
CITY AIRPORT**



Introduction



George Best Belfast City Airport
are determined to provide you with
the highest standard of training
available utilising our experienced
and qualified team of trainers and
Assessors



First aid

Fire and Safety

Training Programmes



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First aid Full Course



First aid Full Course

This HSE approved course totals 24 Hours and must be completed within 13 weeks. This is usually delivered over 3 days or tailoring to specific needs.



At the end of this course, delegates will be able to:-

- Assess emergency situations and carry out appropriate action including informing emergency services
- Carry out artificial ventilation and chest compressions
- Place casualty into the recovery position and know to use this position
- Clear obstructed airway
- Control severe bleeding
- Recognise and treat shock
- Understand the requirements of a first aid kit and how to report accidents in the workplace
- Recognise and treat major illnesses
- Deal with burns and scolds
- Recognise and treat fractures
- Carry out the duties of a First Aider in a safe and approved manner, with no risk to self or third party.



Delegates who successfully complete this course, including the practical assessments will receive a HSE approved certificate valid for three years.

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First aid Revalidation Course



First aid Revalidation Course

This is a 2 day course that can be delivered either over 2 consecutive days or one day a week over 2 weeks



At the end of this course, delegates will be able to:-

- Assess emergency situations and carry out appropriate action- including informing emergency services
- Carry out artificial ventilation and chest compressions
- Place casualty into the recovery position and know to use this position
- Clear obstructed airway
- Control severe bleeding
- Recognise and treat shock
- Understand the requirements of a first aid kit and how to report accidents in the workplace
- Recognise and treat major illnesses
- Deal with burns and scolds
- Recognise and treat fractures
- Carry out the duties of a First-Aider in a safe and approved manner, with no risk to self or third party.



Delegates who successfully complete this course, including the practical assessments will receive a HSE approved certificate valid for a further three years.

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Emergency First aid at work Course



Emergency First Aid at Work Course

This course is ideal for smaller workplaces that present few health and safety risks



Course content:-

- Health and safety (first aid) regulations
- Managing an incident
- The priorities of first aid
- Treatment of an unconscious casualty
- Resuscitation
- Shock
- Choking
- Seizures
- Bleeding
- Common workplace injuries

Course duration

One day.

Assessment and certification

Continuous assessment by trainer.

Delegates who successfully complete this course, including the practical assessments will receive a certificate valid for three years.



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AED Defibrillator Training



Automatic External Defibrillator Course

In the UK, one person suffers a heart attack every two minutes but the majority could be saved if their heart was shocked back into rhythm.



This course teaches the essential skills required by an AED operator and gives students the confidence to know what to do in this kind of emergency. No previous first aid knowledge is necessary to attend an AED course.

At the end of this course, delegates will Cover:-

- signs and symptoms of various Heart conditions
- Treating an unconscious casualty
- CPR
- Treating an unconscious casualty utilising an AED
- Care, Maintenance and use of various AED devices



Delegates who successfully complete this course, including the practical assessments will receive a HSE approved certificate valid for one year.

Fire Safety Awareness



Fire Safety Awareness

At the end of this course, delegates will be able to demonstrate an understanding of;-

- The procedures to be followed in the event of fire
- How to call the fire service and liaise on site
- Identify which elements need to exist for fire to occur
- The three basic principles of fire extinction
- Identify the four classes of fire
- The principles and practice of fire risk assessment.
- Basic fire prevention.
- Arson prevention.
- Personal protection.
- Which measures are designed to prevent smoke travel and fire spread in a building
- The need for fire safety and how to implement measures to protect yourselves, colleagues and clients
- Use of correct fire equipment.
- Evacuation procedures and the control of personnel.



This course is practical and theoretical course is designed for personnel who require “initial” and/or “refresher” training in fire-fighting and evacuation techniques.

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Fire Warden Training



Fire Warden/Marshall Training

This extremely popular course provides participants with a greater awareness and understanding of the threat posed by fire, their personal responsibility in preventing an outbreak and the action to be taken should a fire occur.

Delegates should develop:

confidence in carrying out your fire safety responsibilities
a greater awareness of the hazards of fire
an understanding of the nature of fire and how it spreads
knowledge of the threat fire poses to people and property
an understanding of why fire emergency procedures are implemented
the ability to distinguish between the different types of extinguishers and the fires for which they are suited
the ability to tackle small fires with confidence

This course is practical and theoretical course is designed for personnel who require “initial” and/or “refresher” training in fire-fighting and evacuation techniques.



This course will be of benefit to all staff, particularly those with a designated fire responsibility – fire warden/marshall – working in industry, commerce or the public sector.

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Manual Handling



Manual Handling Course

This course provides the necessary theoretical and practical exercises allowing staff to adopt safe lifting and handling techniques.



At the end of this course, delegates will be able to:-

Legislation – understanding employer/employee obligations relating to manual handling.

Anatomy & Spine - To gain a basic knowledge and understanding of the anatomy and function of the spine.

Principles of Manual Handling - Adopt safe lifting and handling techniques.

Practical Exercises - Manual Handling techniques.

Summary



IOSH

Working Safely



Working Safely Course

The course provides grounding in the essentials of health and safety. Everyone at work should have an understanding of why they must work safely and this course offers exactly that. It introduces a new approach to health and safety training by the use of interactive exercises



At the end of this course, delegates will be able to demonstrate an understanding of:-

Introducing working safely – stresses the realities of human suffering behind the statistics and emphasises the importance of personal responsibility.

Defining hazard and risk – using familiar examples to define hazard and risk in every day language and show what can happen. Even simple or repetitive things can go wrong with serious consequences. Delegates are asked to think about hazards and risks they come across in their own work using 6 broad hazard groups.

Identifying common hazards – Use of clear examples to demonstrate the main issues such as entrances and exits, work traffic, fire, chemicals, electricity, physical and verbal abuse, bullying, stress, noise, slips, trips and falls, and manual handling.

Improving safety performance – This module deals with systems and processes and tries to bridge the gap between management and the workforce, encouraging the delegates to play a part in the processes that are commonly just seen as down to their line manager or supervisor. Also includes contract work, inspections, safe systems and permits, PPE, signage, emergency procedures, reporting and health checks.

Protecting our environment – a short introduction to waste and pollution focusing on how organisations and team members can get involved in reducing environmental impacts.



Delegates who successfully complete the written and practical assessment Will receive IOSH's Working Safely certificate

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IOSH

Managing Safety



Managing Safety Course

To enable delegates to understand health and safety legislation and its implication to them and their workplace so that they can manage and improve health and safety within their department.



At the end of this course, delegates will be able to demonstrate an understanding of:-

Safety Management– Applying basic management principles & practices to health and safety issues as part of a total management strategy. Setting achievable health and safety objectives and planning and implementing actions to achieve those objectives

Reactive monitoring – legal requirements for reporting and investigating accidents including techniques.

Risk assessment – identifying hazards, risks and applying control measures.

Active monitoring – methods of developing checklists, schedules and monitoring of data.

Review and audit

Health and safety legislation – sources of information, codes of practice and main provisions of legislation.

Workplace hazards - such as work equipment, housekeeping, noise, DSE, fire, chemical safety, ergonomics etc.



Delegates who successfully complete a short answer test and practical assessment will receive an IOSH accredited certificate

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Initial Breathing Apparatus



Breathing Apparatus Course

The course is for organisations that have their own personnel that require initial training in the use of breathing apparatus. Breathing apparatus requires specialist training to ensure its safe and competent operation. Courses are designed to meet your specific training needs and include both technical and practical tuition. Courses are arranged on demand.

At the end of the course students will be familiar with:

- Breathing apparatus equipment
- Cleaning and maintenance
- Operation and use of breathing apparatus in a safe manner
- Using breathing apparatus in smoke, heat and casualty situations confidently



A certificate is provided confirming attendance



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Hot Fire Training



Hot Fire Training Course

To provide delegates with the opportunity to practise in realistic training environments and demonstrate skills appropriate to their role within the company emergency response team.

At the end of the course delegates will be assessed and given the opportunity to demonstrate their competence in utilising fire fighting equipment as part of a fire fighting team. The professional approach to the training will enable the delegate to prepare fire fighting equipment in readiness for fire fighting duties and demonstrate their ability to use the equipment safely and correctly. They will be able to compare the performance of different tactics and techniques in relation to fire spread and damage limitation and identify the importance of leadership, communication and teamwork whilst appreciating the importance of fire team safety and the maintenance of equipment.

A certificate is provided confirming attendance



Confined Space Awareness Training



Confined Space Awareness Course

The following Confined Space Awareness training has been developed to suit all needs right across the industry spectrum from the water industry, pharmaceutical, silos, shipping, cleaning, construction and many other industries.

The training Programme meet all the requirements of the :

Confined Space Regulations 1997 (UK)
Confined Space Regulations (NI) 1999
Health & Safety at Work Order (NI) 1978
Management of Health & Safety at Work (NI) 2000
Provision and Use of Work Equipment (NI) 1999
Personal Protective Equipment at Work Regulations (NI) 1993
Workplace (Health, Safety, and Welfare) Regulations 1993
Dangerous Substances and Explosive Atmospheres Regulations 2002
Safety, Health and Welfare at Work (Confined Space) Regulations 2001, S.I. No 218 of 2001
It outlines the implications of the Approved Code of Practice (ACOP) when working in a confined space environment.



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